



***Empowering families, improving health and well-being and strengthening communities.***

The Heart of Our Community



**SPIRITT services available via telephonic and audio/video platforms during the COVID-19 pandemic.**

- Parenting Classes
- Short Term Counseling / Crisis Management
- Mental Health Services
- Substance Use Treatment – Outpatient
- Supportive Services for Pregnant and 0-5 families
- Fatherhood Group
- Domestic Violence Support Group
- Tutoring for Youth
- Well-Being Community Workshops
- WINDOWS/VENTANAS Family Communication Skills Program
- Linkage to community resources

For more information or to enroll call

Toll Free: (855) 714-8800  
Whittier: (562) 903-7000  
South El Monte: (626) 442-1400  
Facebook Messenger  
(Live Chat)

Office Hours 8 AM - 5 PM  
\* Evenings by appointment