

# Beyond Today, Shaping Tomorrow



## SPIRITT Family Services Annual Report FY 2024-2025

# A Year of Purpose and Progress

A Letter from the CEO and Board President

Dear Friends,

Because of your support, SPIRITT Family Services served 5,096 families and reached 6,873 youth through our Behavioral Health and Family Wellbeing programs. These numbers represent more than statistics—they reflect stories of resilience, healing, and brighter futures made possible by your care.

FY2025 was a year of transformation and renewed commitment to our mission: promoting individual and family wellness through compassionate, trauma-informed care. Guided by the theme Beyond Today, Shaping Tomorrow, we strengthened prevention, education, and behavioral health initiatives, hosted empowering conferences, and organized healing-centered events. We proudly renewed our three-year CARF Accreditation, affirming our dedication to high-quality, client-centered services. With support from Supervisor Hilda Solis' office, we began renovations on our South El Monte Family Center, creating a more welcoming space for integrated care. This progress reflects the passion of our staff, the leadership of our board, and the unwavering support of our partners. Looking ahead, our 2025–2029 Strategic Plan positions SPIRITT for inclusive innovation and deeper community impact. Together, we are not only meeting today's needs—we are shaping a future where every family can thrive.

Thank you for standing with us. Your partnership ensures SPIRITT remains a beacon of hope and healing for generations to come.

Warmly,



Dr. Lisa Ibanez  
Board President

Elvia Torres  
Chief Executive Officer

# Shaping Tomorrow

## VISION

A future where every individual and family thrives within vibrant and welcoming communities, supported by sustainable resources and opportunities that enhance the wellbeing of all.

## MISSION

SPIRITT's mission is to promote individual and family wellness through compassionate, trauma-informed support and care fostering healing, resilience, and thriving communities.

## VALUES

Respect  
Integrity  
Compassion  
Collaboration  
Excellence

## BOARD OF DIRECTORS

Dr. Lisa Ibanez, President  
Romalis Taylor, Vice-President  
John Ford, Secretary  
Harold W. Schieve, Treasurer  
Rose Marie Gallegos, Esq.  
Immediate Past President  
Sylvia Gonzalez, M.D.  
Henry Leong  
Jess Montes

## ADVISORY BOARD

Gina Lopez, Chair  
Connie Preciado-Gonzalez, Vice Chair  
Raquel Torres-Retana, Ed.D., Ex-Oficio  
Irene Redondo-Churchward, Past  
Executive Director  
Israel Cobos  
Lorena Duran  
Vanessa Ivie  
Cherry Lee  
Isela Monterrosas  
Jess Montes  
Ana Xulu



SPIRITT promotes emotional wellness and resilience by delivering trauma-informed, culturally responsive behavioral health services to children, youth, and families. Through prevention, early intervention, and personalized care, we work to remove barriers, strengthen coping skills, and empower individuals to achieve stability and thrive in their communities.

## Behavioral Health Programs

Accessible outpatient mental health and substance use care for Medi-Cal eligible participants. Programs include:

- Mental Health Services: Therapy and medication support.
- Wraparound Program: Mental health support and care for youth with high needs.
- Substance Use Treatment: Individual and group counseling, recovery care for youth and adults, and community support.

Together, these services strengthen families, build emotional resilience, and promote lifelong wellness.



Wraparound Parent Cafe



Trunk or Treat Family Fun Day



Mental Health Services



IPV Awareness Walk in South El Monte



Children's Day Event  
Whittier Family Center

## Child & Family Wellbeing Programs

Enhancing familial protective factors through support, education and connection to resources and networks. Programs include:

- Prevention & Aftercare: Navigation of County and Community resources & more.
- Partnerships for Families (PFF): In-home support for parents with young children (0-5)
- Relative Support Services (RSS): Support for youth in care and their relative and non-relative caregivers.



Infant Massage Wellness Group

These programs promote safe, nurturing homes where children thrive and caregivers feel supported.



**Good Plus Foundation  
Community Partner**



**Healing Hands for Humanity  
Community Partner**



**Career Expo**



**City of Bell Gardens Recognizes SPIRITT**



**City of South EL Monte Recognizes SPIRITT**



**Evening with Friends**

# Every Story Matters



**“I watched them transform from fearful and withdrawn to confident, loving, and bonded.”**

Ernestina came to SPIRITT during a time of deep family crisis. Her grandchildren were struggling—caught in a cycle of absent parenting, instability, and fear. After both parents were removed from the home, Ernestina stepped in to care for her grandchildren. Ernestina was forced to leave her home with the children, stripped of their belongings and left with nothing but uncertainty. Read their inspiring story of resilience:

“When I came to SPIRITT, I had lost everything—our home, our belongings, and the sense of safety my grandchildren desperately needed. We were scared, displaced, and emotionally exhausted. I didn’t know where to turn. Especially after receiving these children who were in need of so much love and attention.

SPIRITT welcomed us with open arms. They didn’t just offer support—they gave us hope. Through their guidance and case management support, I found the strength to become the caregiver my grandchildren needed. I watched them transform from fearful and withdrawn to confident, loving, and bonded.

Today, they trust me. They hug each other. They’ve grown emotionally and spiritually—and so have I.

My hope is that this difficult situation becomes a stepping stone—that they know there is hope, that there is a way out, and that there are no limits to what they can do. There are people who care and who are willing to help. And I found that at SPIRITT.”

— Macias Family

# *Finding Strength through Support: Emily's Journey*

Stress touches all of us—but when it starts to feel like too much, you don't have to face it alone. At SPIRITT Family Services, we believe every young person deserves a safe space to heal, grow, and thrive.

Meet Emily, a youth who found her footing through SPIRITT's counseling services:

"Before I came to SPIRITT, stress was taking over my life. It was affecting my relationships with my family and friends, and I was falling behind in school. I felt like I was drowning.

Counseling helped me discover something powerful: even when life gets tough, I have the strength to face it. I might stumble, but I can keep going.

One of the biggest changes has been with my parents. We understand each other better now. They trust me more, give me space to grow, and are there when I need support. If you're unsure about asking for help, just give it a chance. You never know what might shift. And if it doesn't feel right at first, ask yourself why. Sometimes it's not the support—it's your mindset that needs to change. Be open. Let yourself grow."

**— Emily**



**Counseling helped me discover something powerful: even when life gets tough, I have the strength to face it. I might stumble, but I can keep going."**

# Impact Snapshot



**14,569**

Individuals served across all programs



**6,873**

Youth Reached



**“Don’t be scared to ask for help, you will gain your peace of mind, independence, and empowerment back.”**

-Sophia



**5,096**

Families Served



**81%**

Successful Completion



# Financials

**\$11,427,851**

Revenue

**93%**

Government Contracts



**\$10,297,931**

Expenses

**52%** Salaries and Wages

**12%** Family Basic Needs

**10%** Office Needs

**7%** Subcontractors

**7%** Facilities/ Rent

**1%** Fundraising

## Defying Expectations: The Martinez' Transformation

When SPIRITT's Partnership for Families (PFF) program received a referral from DCFS for a mother of five—two of whom are autistic—working full-time night shifts six days a week, the odds seemed stacked against her. Even the referring social worker doubted she'd last a month in the program.

But she proved everyone wrong.

With unwavering support from her PFF in-home visitor, the mother embraced positive discipline strategies, self-care practices, family-centered activities, and mental health resources. Over six months, she not only completed the program—she thrived. Her parenting skills flourished, her goals were met, and her bond with her children deepened.

“I’m sad the program is ending,” she shared. “I really enjoyed it.”

The social worker, astonished by the transformation, praised the in-home visitor’s dedication and the program’s profound impact. Today, this resilient mother stands as a powerful testament to what’s possible when families are met with compassion, tools, and belief.





**Immigration and Mental Health Workshop**



**Choices Conference**



**Trunk or Treat**



**Fatherhood Conference**



**Dia del Niño Event**



**Domestic Violence Awareness Candlelight Vigil**

# Thank you to our Funders and Contributors

## Funding Partners

LA County Department of Children and Family Services  
LA County Department of Mental Health  
LA County Department of Public Health  
El Rancho Unified School District

## \$120,000 and larger

J.B. & Emily Van Nuys Foundation

## \$50,000 - \$119,999

BCM Foundation  
The Rose Hills Foundation  
The Ralph M. Parsons Supervisor Hilda Solis  
QueensCare

## \$20,000 - \$ 49,999

City of Whittier

## \$5,000 - \$19,999

Dr. Sylvia Gonzalez  
In-N-Out Burger  
PIH Health

## \$2,500 - \$4,999

Athens Services  
Elvia Torres  
Emanate Health  
Irma & Alex Moisa  
RJ Computers Networks, Inc.  
Romalis Taylor  
Rose Marie Gallegos  
Stone Tapert Insurance Services

## \$1,000 - \$2,499

Cherry Lee  
Coy & Steve Leduff  
Credit Union of Southern California  
Gallagher Insurance  
Golden State Water Company  
Henry and Margaret Leong  
Herald Christian Health Ctr.  
HPM Engineering & Inspection  
Human Services Association  
Irma Torres-Chevalier &  
Darryl Chevalier  
Jesus Montes  
Licha & Arnold Gonzales  
Livier Pelayo  
Vasin, Heyn & Co.

## \$500 - \$999

City of South El Monte  
Denise Silva  
Dr. Lisa Ibanez  
Elsa Maldonado

## \$500 - \$999 Continued

Harold & Martha Schieve  
Hispanic Outreach Task Force (HOT)  
Irene Redondo-Churchward  
LA. County Board of Supervisors Revolving Fund  
Lourdes Ruano  
Margaret & Henry Leong  
MKH Testing & Inspection  
Norma Yoguez  
Pantea Bionki  
SoCal Gas Company  
Vaughan Document Services  
Whittier Union High School

## \$250 - \$499

Blanca Vega  
Dr. Rogelio Whyte  
John Ford  
Lorena Garcia  
Luis Garcia  
Muk Wah Chu  
Mayor Gloria Olmos  
Norma Carranco  
Roberto Soriano  
Rudy Lara  
Yesenia Torres

## \$100-\$249

Aracely & Fernando Martinez  
Connie Preciado-Gonzalez  
Daniel Gaytan  
Derrick Perez-Johnson  
Diane Innes  
Diane Takahashi  
Dr. Marilyn Flores  
Gloria Dominguez  
Grace Quesada  
Heidi Sandhu  
Helpline Youth Counseling  
Hicks Pension Services  
Julianne Sumiko Hines  
Juventina Torres  
Lourdes Ruano  
Marcela Pizarro  
Maria Peacock  
Rene Licon  
Russell Castaneda-Calleros  
Teresa Martin  
The Whole Child  
Vanessa Ivie  
WCCS  
Work2Live Well  
Yoshio Nakamura

## In Kind Donors

Adventure City  
Anonymous  
Baby 2 Baby  
Beat the Bomb.com  
Benihana Japanese Restaurant  
Bradford Photography  
Candy's Florist  
Castle Park  
Amusement Park  
Credit Union of Southern California  
Curves

David Romo  
Del Rancho Produce  
Double Tree Hilton  
Whittier  
Elvia Torres  
Emerald Isle Golf Course  
Erica Aguilar  
Evelyn Casimiro  
Flightdeck + Rogue  
Racing  
Go Kart World  
Golf N Stuff  
Good + Foundation  
Halper Fine Art  
Heart of Compassion

Hispanic Outreach Task Force (HOT)  
Holiday Inn 12 Sixty  
Modern Pub & Kitchen  
Hollywood Was  
Museum/Guinness  
World Record Museum  
In-N-Out Burger  
Irvine Park Railroad  
Jess Montes  
Knott's Berry Farm  
La Mirada Performing Arts Theater  
Laguna Art Museum

Lazy Dog  
Livier Pelayo  
Love Chicken n Ribs  
Lucero's Bakery  
Lucia Cid  
Lungu Law Group  
March Field Air Museum  
Museum of Tolerance  
Natural History Museum  
Nicolette Moreno  
Norma Yoguez  
Northgate Gonzalez  
Market  
Pacific Park Santa Monica

Perla Pelayo  
Planes of Fame Air Museum  
PRP Wine International  
Rejuvenation by Angie  
Shawn Herz  
Six Flags Magic Mountain & Hurricane Harbor  
State Farm Ben Tran  
Three Little Birds Project  
USS Midway Museum  
Whittier Women's Club

# SPIRITT Family Center Locations



7208 Garfield Ave.  
Bell Gardens, CA. 90201  
(323) 407-801



2000 Tyler Ave.  
South El Monte, CA. 91733  
(626) 442-1400



8000 Painter Ave.  
Whittier, CA. 90602  
(562) 903-7000

Resource/Referral Line: (855) 714-8800



SCAN ME



@SPIRITTFamilyServices