

**Beyond Today,
Shaping Tomorrow**



A Year of Purpose and Progress

A Letter from the CEO and Board President

Dear Friends,

Because of your support, SPIRITT Family Services served 5,096 families and reached 6,873 youth through our Behavioral Health and Family Wellbeing programs. These numbers represent more than statistics—they reflect stories of resilience, healing, and brighter futures made possible by your care.

FY2025 was a year of transformation and renewed commitment to our mission: promoting individual and family wellness through compassionate, trauma-informed care. Guided by the theme Beyond Today, Shaping Tomorrow, we strengthened prevention, education, and behavioral health initiatives, hosted empowering conferences, and organized healing-centered events. We proudly renewed our three-year CARF Accreditation, affirming our dedication to high-quality, client-centered services. With support from Supervisor Hilda Solis' office, we began renovations on our South El Monte Family Center, creating a more welcoming space for integrated care. This progress reflects the passion of our staff, the leadership of our board, and the unwavering support of our partners. Looking ahead, our 2025–2029 Strategic Plan positions SPIRITT for inclusive innovation and deeper community impact. Together, we are not only meeting today's needs—we are shaping a future where every family can thrive.

Thank you for standing with us. Your partnership ensures SPIRITT remains a beacon of hope and healing for generations to come.

Warmly,



Dr. Lisa Ibanez
Board President



Elvia Torres
Chief Executive Officer

Shaping Tomorrow

VISION

A future where every individual and family thrives within vibrant and welcoming communities, supported by sustainable resources and opportunities that enhance the wellbeing of all.

MISSION

SPIRITT's mission is to promote individual and family wellness through compassionate, trauma-informed support and care fostering healing, resilience, and thriving communities.

VALUES

Respect
Integrity
Compassion
Collaboration
Excellence

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SPIRITT promotes emotional wellness and resilience by delivering trauma-informed, culturally responsive behavioral health services to children, youth, and families. Through prevention, early intervention, and personalized care, we work to remove barriers, strengthen coping skills, and empower individuals to achieve stability and thrive in their communities.

Behavioral Health Programs

Accessible outpatient mental health and substance use care for Medi-Cal eligible participants. Programs include:

- Mental Health Services: Therapy and medication support.
- Wraparound Program: Mental health support and care for youth with high needs.
- Substance Use Treatment: Individual and group counseling, recovery care for youth and adults, and community support.

Together, these services strengthen families, build emotional resilience, and promote lifelong wellness.



**Wraparound
Parent Cafe**



**Trunk or Treat
Family Fun Day**



**Mental Health
Services**



**IPV Awareness Walk
in South El Monte**



**Children's Day Event
Whittier Family Center**



**Infant Massage
Wellness Group**

Child & Family Wellbeing Programs

Enhancing familial protective factors through support, education and connection to resources and networks. Programs include:

- Prevention & Aftercare: Navigation of County and Community resources & more.
- Partnerships for Families (PFF): In-home support for parents with young children (0-5)
- Relative Support Services (RSS): Support for youth in care and their relative and non-relative caregivers.

These programs promote safe, nurturing homes where children thrive and caregivers feel supported.



**Good Plus Foundation
Community Partner**



**Healing Hands for Humanity
Community Partner**



Career Expo



City of Bell Gardens Recognizes SPIRITT



City of South EL Monte Recognizes SPIRITT



Evening with Friends

Every Story Matters



“I watched them transform from fearful and withdrawn to confident, loving, and bonded.”

Ernestina came to SPIRITT during a time of deep family crisis. Her grandchildren were struggling—caught in a cycle of absent parenting, instability, and fear. After both parents were removed from the home, Ernestina stepped in to care for her grandchildren. Ernestina was forced to leave her home with the children, stripped of their belongings and left with nothing but uncertainty. Read their inspiring story of resilience:

“When I came to SPIRITT, I had lost everything—our home, our belongings, and the sense of safety my grandchildren desperately needed. We were scared, displaced, and emotionally exhausted. I didn’t know where to turn. Especially after receiving these children who were in need of so much love and attention.

SPIRITT welcomed us with open arms. They didn’t just offer support—they gave us hope. Through their guidance and case management support, I found the strength to become the caregiver my grandchildren needed. I watched them transform from fearful and withdrawn to confident, loving, and bonded.

Today, they trust me. They hug each other. They’ve grown emotionally and spiritually—and so have I.

My hope is that this difficult situation becomes a stepping stone—that they know there is hope, that there is a way out, and that there are no limits to what they can do. There are people who care and who are willing to help. And I found that at SPIRITT.”

— Macias Family

Finding Strength through Support: Emily's Journey

Stress touches all of us—but when it starts to feel like too much, you don't have to face it alone. At SPIRITT Family Services, we believe every young person deserves a safe space to heal, grow, and thrive.

Meet Emily, a youth who found her footing through SPIRITT's counseling services:

"Before I came to SPIRITT, stress was taking over my life. It was affecting my relationships with my family and friends, and I was falling behind in school. I felt like I was drowning.

Counseling helped me discover something powerful: even when life gets tough, I have the strength to face it. I might stumble, but I can keep going.

One of the biggest changes has been with my parents. We understand each other better now. They trust me more, give me space to grow, and are there when I need support. If you're unsure about asking for help, just give it a chance. You never know what might shift. And if it doesn't feel right at first, ask yourself why. Sometimes it's not the support—it's your mindset that needs to change. Be open. Let yourself grow."

— **Emily**



Counseling helped me discover something powerful: even when life gets tough, I have the strength to face it. I might stumble, but I can keep going."

Impact Snapshot



14,569

Individuals served across
all programs



81%

Successful Completion



6,873

Youth Reached

“Don’t be scared to ask for help,
you will gain your peace of
mind, independence, and
empowerment back.”
-Sophia



1,854

Children (0-5) Served



5,096

Families Served



Financials

\$11,427,851

Revenue

93%

Government
Contracts



52%

Salaries and
Wages

10%

Office Needs

7%

Facilities/ Rent

\$10,297,931

Expenses

12%

Family Basic Needs

7%

Subcontractors

1%

Fundraising

Defying Expectations: The Martinez' Transformation

When SPIRITT's Partnership for Families (PFF) program received a referral from DCFS for a mother of five—two of whom are autistic—working full-time night shifts six days a week, the odds seemed stacked against her. Even the referring social worker doubted she'd last a month in the program.

But she proved everyone wrong.

With unwavering support from her PFF in-home visitor, the mother embraced positive discipline strategies, self-care practices, family-centered activities, and mental health resources. Over six months, she not only completed the program—she thrived. Her parenting skills flourished, her goals were met, and her bond with her children deepened.

"I'm sad the program is ending," she shared. "I really enjoyed it."

The social worker, astonished by the transformation, praised the in-home visitor's dedication and the program's profound impact. Today, this resilient mother stands as a powerful testament to what's possible when families are met with compassion, tools, and belief.





Immigration and Mental Health Workshop



Choices Conference



Trunk or Treat



Fatherhood Conference



Dia del Niño Event



Domestic Violence Awareness Candlelight Vigil

Thank you to our Funders and Contributors

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LA County Department of
Mental Health
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\$120,000 and larger

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Elsa Maldonado

\$500 - \$999 Continued

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Shawn Herz
Six Flags Magic
Mountain & Hurricane
Harbor
State Farm Ben Tran
Three Little Birds
Project
USS Midway Museum
Whittier Women's Club

SPIRITT Family Center Locations



Bell Gardens Family Center

7208 Garfield Ave.
Bell Gardens, CA. 90201
(323) 407-801



South El Monte Family Center

2000 Tyler Ave.
South El Monte, CA. 91733
(626) 442-1400



Whittier Family Center * Administration Office

8000 Painter Ave.
Whittier, CA. 90602
(562) 903-7000

Resource/Referral Line: (855) 714-8800



SCAN ME



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